



Health at Hand

FEEL BETTER TODAY

Dear Member,

We're delighted to announce the launch of Health at Hand, the new video consultation service from Health at Hand. Available for free download from the [Apple App Store](#) and [Google Play](#), the Health at Hand app provides video consultations with English and Arabic speaking doctors.

You can save time by seeing a doctor from the comfort of your home or office. Offering a secure and confidential service, doctors can provide medical advice, recommend treatments and offer prescriptions* (when needed) for non-emergency concerns such as sore throat, earache, allergies etc.

Consultations are available from Saturday to Thursday (6AM to 10PM GST) and on Friday (9AM to 6PM GST). Simply download the Health at Hand app, enter your Emirates ID or Insurance Member ID to register and tap 'See a doctor now'. It's that easy!

This new service is covered under your existing 'Medical Practitioner Fees' benefit which appears under your out-patient plan in your Table of Benefits. To learn more about how Health at Hand can make your life easier, click [here](#).

Yours sincerely,

Health at Hand Team

*Acceptance of prescription for OTC drugs subject to local country regulations

DOWNLOAD
Health at Hand
TODAY



www.myhealthathand.com

SIMPLE, FAST AND CONVENIENT



ON DEMAND VIDEO CONSULTATIONS



HIGHLY QUALIFIED DOCTORS



CONFIDENTIAL AND SECURE

The services are provided from the Health at Hand DMCC premises located in Dubai, United Arab Emirates, and licensed by the Dubai Health Authority under license number DHA-FL-0077486. The doctors are licensed with the Dubai Health Authority.

This email was sent by: Health at Hand
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