# CASE STUDY

## **Current scenario**



### Key takeaways:

- For a 10-minute doctor consultation Maryam takes a total of 3.05 hours and doesn't return back to the office
- Maryam loses time driving in traffic to the clinic, pharmacy and home
- She is exposed to a waiting room of sick patients
- Maryam is subjected to unnecessary diagnostic testing and expensive, branded prescription drugs
- She has to pay AED 100 of her own money
- Maryam's company lose her for over 3 hours during the afternoon, reducing her output and the motivational levels of her team
- Her company have made an unnecessary claim on their corporate insurance policy

## With Health at Hand



11:00am Maryam is at work and she feels feverish with a mild cough



11:02am Maryam downloads the free Health at Hand app on to her phone while sitting at her desk



11:04am Registers on Health at Hand using her email





#### Key takeaways:

- Maryam takes 20 minutes out of her work day and doesn't have to leave the office
- Maryam is not exposed to a waiting room of sick patients, nor does she have to drive to anywhere
- No unnecessary diagnostic testing and expensive, branded prescription drugs
- Maryam is required to pay nothing for using Health at Hand
- Her company have no paperwork to complete and no unnecessary

11:08am Maryam is on a live video conversation with a doctor, he checks her throat by her placing her phone's camera on her open mouth 11:20amNMaryam completedher 10-minuteconsultation and hasreceived her DoctorNotes within theHealth at Hand app

Maryam is prescribed a generic medicine which is delivered to her at work within 60 minutes of her placing the order

Maryam doesn't need to take any time away from the office and starts to feel better within an hour of first noticing her symptoms insurance claim

Health at Hand



For more information please visit www.myhealthathand.com